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|-----------|------------------|-------------|-----|-----------------------------|----|----|----|----|----|----|---|----|
| | Fock | Eggert | M45 | Wacken | | | | 14 | | | | 14 |
| | Hagen | Mads | M40 | SPORTSKLINIK-SYD.dk | | | | | | 14 | | 14 |
| | Hjordthuus | Matthias | M40 | | | | | | 14 | | | 14 |
| | Lange | Martin | M45 | VR Bank | | 14 | | | | | | 14 |
| | Rönnau | Andreas | M50 | Bov Idraeætsforening | 0 | 6 | 0 | 4 | | 0 | 4 | 14 |
| | Thomsen | Kai-Michael | M50 | Spiridon Schleswig | | | | | 12 | | 2 | 14 |
| 41 | Hoeck | Jörg | M45 | TSV Schleiharde | | 13 | | | | | | 13 |
| | Lenz | Thorsten | M50 | Wasserverband Nord Oeversee | | | | | 11 | | 2 | 13 |
| | Paysen | Arne | M45 | Fri Ööwings Floose | | | | 13 | | | | 13 |
| | Porath | Michael | M40 | | | | | | | 13 | | 13 |
| 45 | Görrissen | Peter | M55 | Stadtwerke Niebüll | 10 | | | | | | 2 | 12 |
| | Konradsen | Kim | M50 | Middelfart Motionsklub | | | | | | 10 | 2 | 12 |
| | Wolters | Jan | M40 | FPS | 12 | | | | | | | 12 |
| 48 | Matthiesen | Erik | M45 | Løgumkloster Løbemotion | | | | | | 11 | | 11 |
| | Petersen | Mikael | M40 | Amt Sødtondern | 11 | | | | | | | 11 |
| | Rasztar | Robert | M45 | Lauflok NF | | | | | 11 | | | 11 |
| | Reimer | Gerd Jan | M40 | TriAs Flensburg | | | 11 | | | | | 11 |
| | Schlothfeld | Michael | M40 | | | | | 11 | | | | 11 |
| 53 | Böttcher | Matthias | M40 | TriAs Flensburg | | | | | 10 | | | 10 |
| | Janek | Siegfried | M70 | Polizei SV Flensburg | | | | | 2 | | 8 | 10 |
| | Molero-Membrilla | José | M70 | Borener SV | | | | | 2 | | 8 | 10 |
| | Roehrich | Thorsten | M45 | Bov Idraeætsforening | | 10 | | | | | | 10 |
| | Schneider | Thomas | M40 | 1. Flensburger Laufftreff | | | | | 10 | | | 10 |
| | Yannichsen | Claus | M55 | Fri Ööwingsfloose | 8 | | | | | | 2 | 10 |
| 59 | Fuhlendorff | Marco | M45 | | | 9 | | | | | | 9 |
| | Grigat | Axel | M45 | TSV Kropp | | | | 9 | | | | 9 |
| | Hartmann | Michael | M40 | Brørup Løbeklub | | | | | | 9 | | 9 |
| | Jorde | Jostein | M50 | Gustav Johannsen-Skolen | | | | | | 7 | 2 | 9 |
| | Mader | Sven | M40 | TriAs Flensburg | | | | | 9 | | | 9 |
| | Schulze | Marcus | M45 | | | | 9 | | | | | 9 |
| | Sievers | Stephan | M45 | LAV Husum | 9 | | | | | | | 9 |
| 66 | Brauer | Lars | M40 | Jobcenter Flensburg | | | | | 8 | | | 8 |
| | Hansen | Lars | M45 | | | | | | 8 | | | 8 |
| | Jensen | Jan Ø. | M40 | Fredericia Triathlon Team | | | | | | 8 | | 8 |
| | Jochimsen | Werner | M50 | TriVelos | | | 6 | | | | 2 | 8 |
| 70 | Behnke | Holger | M50 | | | 5 | | | | | 2 | 7 |
| | Galler | Jens | M50 | TSV Bargteheide | | | | | 5 | | 2 | 7 |
| | Haferkamp | Georg | M40 | TriAs Flensburg | | | | | 7 | | | 7 |

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|-----------|------------|----------------|-----|------------------------------|---|---|---|---|---|---|---|---|---|
| | Kraack | Torsten | M45 | Borner SV | | | | 3 | 4 | | | | 7 |
| | Schaffer | Frank | M45 | SpezPiBtl 164 | 7 | | | | | | | | 7 |
| | Staack | Dirk | M45 | SG Athletico Büdelsdorf | | | | 7 | | | | | 7 |
| | Volkman | Matthias | M45 | | | 7 | | | | | | | 7 |
| 77 | Berens | Peter | M60 | | | | | | | | 1 | 5 | 6 |
| | Carstensen | Sven | M40 | TSV Böklund | | | | | | | 6 | | 6 |
| | Nagowizyn | Wladimir | M60 | LAV Husum | | | 1 | | | | | 5 | 6 |
| | Paulsen | Mathias | M45 | SV Enge-Sande | | | | 6 | | | | | 6 |
| | Teter | Thorsten | M45 | SV-Enge-Sande | | | | | 6 | | | | 6 |
| 82 | Krämer | Olaf | M50 | Tus Esborn | | | 3 | | | | | 2 | 5 |
| | Michaelsen | Hans-Jörg | M45 | Deutsche Post DHL ZB Flbg | | | 5 | | | | | | 5 |
| | Peters | Thorsten | M45 | TSV Mildstedt | 5 | | | | | | | | 5 |
| | Südel | Gunter | M50 | Mürwiker Werkstätten Niebüll | 3 | | | | | | | 2 | 5 |
| 86 | Carstens | Walter | M55 | TSV Rantrum | 2 | | | | | | | 2 | 4 |
| | Keller | Carsten | M45 | TSV Kropp | | 4 | | | | | | | 4 |
| | Möller | Ingo | M45 | | 4 | | | | | | | | 4 |
| | Nielsen | Eskild | M45 | FC Bayern | | | | | | 4 | | | 4 |
| | Petersen | Frank Scheller | M45 | AAIG Aabenraa | | | | | | | 4 | | 4 |
| 91 | Andresen | Robert | M50 | KBC | | | | | | | 1 | 2 | 3 |
| | Giebelmann | Jochen | M45 | Team Erdinger Alkoholfrei | | | | | | 3 | | | 3 |
| | Hansen | Sönke | M45 | Lauftreff Jübek | | 3 | | | | | | | 3 |
| | Kolsbjerg | Åge | M40 | Danfoss Marathon Club | | | | | | | 3 | | 3 |
| 95 | Heydorn | Piet | M40 | | | 2 | | | | | | | 2 |
| | Kolsbjerg | Age | M40 | Danfoss Marathon Club | | | 2 | | | | | | 2 |
| | Mohrmann | Marian | M45 | TSV Kropp | | | | 2 | | | | | 2 |
| | Sørensen | Palle | M45 | Nykredit | | | | | | | 2 | | 2 |
| 99 | Deter | Peter | M40 | Fri Ööwingsfloose | 1 | | | | | | | | 1 |
| | Zabel | Rene | M40 | Borener SV | | | | | 1 | | | | 1 |
| | Zwerenz | Markus | M45 | | | 1 | | | | | | | 1 |