

| Name | Verein | Altersklasse | Stadtwerkelauf Niebüll | Bonus | Schleswiger Stadtlauf | Bonus | Südsseeelauf Sörup | Bonus | Birklauf Getling | Bonus | Sommerlauf Handewitt | Bonus | Grenzlauf Krusau | Bonus | gesamt |
|-----------------------|---------------------------------------|--------------|------------------------|-------|-----------------------|-------|--------------------|-------|------------------|-------|----------------------|-------|------------------|-------|--------|
| 1 Volker Friedrichsen | SV Enge-Sande | M45 | 19 | | 19 | | 19 | | | | 20 | | | | 77 |
| 2 Stefan Riedel | SV Freie Waldorfschule Flensburg e.V. | M55 | | | 16 | 2 | | | 10 | 2 | 17 | 2 | 16 | 2 | 67 |
| 3 Flo Bleifuss | Go with the Flo | M45 | | | 14 | | 10* | | 13 | | 16 | | 18 | | 61 |
| 4 Andreas Rönnau | SV Enge-Sande | M55 | | | 5 | 2 | 11 | 2 | 11 | 2 | 0* | | 15 | 2 | 50 |
| 5 Norbert Becker | STV Sörup | M50 | 10 | 2 | 8 | 2 | 14 | 2 | 9 | 2 | | | | | 49 |
| 6 Oliver Prüß | Borener SV | M40 | 9 | | 7* | | 12 | | 12 | | 13 | | | | 46 |
| 7 Aksel Skibsted | Bov IF Løb & Motion | M65 | | | | | | | | | 10 | 5 | 13 | 5 | 33 |
| 8 Arendt Brühe | STV Sörup | M55 | 3 | 2 | 0 | 0 | | | 4 | 2 | | | 14 | 2 | 27 |
| 9 Ejner Sørensen | Bov IF Løb & Motion | M50 | | | | | | | | | 9 | 2 | 12 | 2 | 25 |
| 10 Dr Utz Meyer-Rein | BSG DG HYP BSV HH | M55 | | | 12 | 2 | | | 8 | 2 | 0* | | | | 24 |
| Palle Rosen Madsen | AAIG | M60 | | | | | | | | | | | 19 | 5 | 24 |
| Jan Aalling | Brørup Løbeklub | M55 | | | | | | | | | | | 20 | 2 | 22 |
| Sören Ohm | ohne Verein | M40 | | | 20 | | | | | | | | | | 20 |
| Oke Hansen | LAV Husum | M40 | 20 | | | | | | | | | | | | 20 |
| Bernd Burkhardt | ohne Verein | M60 | | | 15 | 5 | | | | | | | | | 20 |
| Thomas Petersen | Team Rad ab | M50 | | | | | | | | | 18 | 2 | | | 20 |
| Andreas Strube | LG Flensburg | M65 | | | | | | | | | 15 | 5 | | | 20 |
| Frits Detlefsen | Rødekro Tri & Motion | M55 | | | | | | | | | | | 17 | 2 | 19 |
| Günther Brodersen | SV Enge-Sande | M60 | 14 | 5 | | | | | | | | | | | 19 |
| Ralf Lorenzen | VR Bank Flensburg-Schleswig | M50 | | | 17 | 2 | | | | | | | | | 19 |
| Michael Stoll | Borener SV | M50 | | | | | | | 17 | 2 | | | | | 19 |
| Karsten Wannick | ohne Verein | M45 | | | | | | | | | 19 | | | | 19 |
| Thomas Schneider | Borener SV | M45 | 8 | | | 7 | | 3 | | 0* | | | | | 18 |
| Thomas Philippsen | TSV Sankt Peter-Ording | M45 | | | | | 18 | | | | | | | | 18 |
| Henning Leppeck | TSV Tinum | M45 | 18 | | | | | | | | | | | | 18 |
| Fritz Lehmann | run and dream raceteam | M55 | | | | | | | 16 | 2 | | | | | 18 |
| Jörg Hoeck | TSV Schleiharde | M50 | | | | | | | 15 | 2 | | | | | 17 |
| Matthias Golecki | ohne Verein | M45 | | | | | 17 | | | | | | | | 17 |
| Jan Lietzau | SV Enge-Sande | M45 | 17 | | | | | | | | | | | | 17 |
| Torge Reusch | ohne Verein | M40 | | | 1 | | 6 | | | | 0* | | 10 | | 17 |
| Torge Reusch | (Schuby) | M40 | | | 1 | | 6 | | | | 0* | | 10 | | 17 |
| Jürgen Clausen | Borener SV | M55 | | | | | | | 14 | 2 | | | | | 16 |
| Jacoby David | ohne Verein | M40 | | | | | 16 | | | | | | | | 16 |
| Sven Mader | STV Sörup | M45 | 16 | | | | | | | | | | | | 16 |
| Robert Städter | 1. Flensburger Lauftreff | M40 | | | | | 15 | | | | | | | | 15 |
| Jürgen Petersen | SV Enge-Sande | M40 | 15 | | | | | | | | | | | | 15 |
| Stephan Sievers | LAV Husum | M50 | 13 | 2 | | | | | | | | | | | 15 |
| Sven Jacobs | TSV Stedesand | M40 | | | | | | | | | 14 | | | | 14 |
| Hans-C. Davidsen | ohne Verein | M50 | 5 | 2 | | | | | | | 5 | 2 | | | 14 |
| Marc Hammann | ohne Verein | M40 | | | | | 13 | | | | | | | | 13 |
| Jens Oldsen | SV Enge-Sande | M50 | 11 | 2 | | | | | | | | | | | 13 |
| Sven-Olaf Bilinger | Spiridon Schleswig | M45 | | | 13 | | | | | | | | | | 13 |
| Winfried Stephani | ohne Verein | M60 | 0 | | 0 | | 0* | | 7 | 5 | 0* | | | | 12 |
| Udo Harriehausen | ohne Verein | M45 | | | | | | | | | 12 | | | | 12 |
| Bernd Schuhardt | ohne Verein | M45 | 12 | | | | | | | | | | | | 12 |
| Hans-Joachim Michael | TSV Tinum66 Sylt | M70 | 4 | 8 | | | | | | | | | | | 12 |
| Joachim Koehler | SV Langwedel | M50 | | | 10 | 2 | | | | | | | | | 12 |
| Henry Møller | Danfoss Marathon Club | M45 | | | | | | | | | | | 11 | | 11 |
| Peter Volkmann | ohne Verein | M45 | | | | | | | | | 11 | | | | 11 |
| Stephan Mante | ohne Verein | M50 | | | | | 9 | 2 | | | | | | | 11 |
| Thorsten Themm | ALG-VfL Bokel | M45 | | | 11 | | | | | | | | | | 11 |
| Udo Babon | Handewitt | M40 | | | | | | | | | | | 10 | | 10 |
| Martin Lange | VR Bank Flensburg-Schleswig | M50 | | | | | 8 | 2 | | | | | | | 10 |
| Mark Tonn | TSV Schleswig | M45 | | | 9 | | | | | | | | | | 9 |
| Nico Reusch | Spiridon Schleswig | M40 | | | | | | | | | | | | | 8 |
| Torben Jürgensen | Menü - Service Nord | M40 | | | | | | | | | 8 | | | | 8 |
| Albert Bölke | SV Enge-Sande | M55 | 6 | 2 | | | | | | | | | | | 8 |
| Kai Bethge | Bov IF Løb&Motion | M45 | | | | | | | | | | | 7 | | 7 |
| Jochen Giebelmann | 1&1 Versatel Deutschland GmbH | M45 | | | | | | | | | 7 | | | | 7 |
| Torsten Hannappel | TSV Rot-Weiß Niebüll | M45 | 7 | | | | | | | | | | | | 7 |
| Carsten Carstensen | ACNF/Team Erdinger Alkoholfrei | M65 | 2 | 5 | | | | | | | | | | | 7 |
| Poul-Erik Pedersen | (Horsens) | M45 | | | | | | | | | | | 6 | | 6 |
| Thomas Ebbesen | AAIG Aabenraa | M45 | | | | | | | | | 6 | | | | 6 |
| Oliver Heider | Team Erdinger | M45 | | | | | | | 6 | | | | | | 6 |
| Helmut Harms | STV Sörup | M65 | 0* | | 0* | | 1 | 5 | | | 0 | | | | 6 |
| Ralf Fleddermann | SSV Schafflund | M50 | | | | | 4 | 2 | 0 | 0 | | | | | 6 |
| Marco Flor | Spiridon Schleswig | M45 | 1 | | 0* | | 5 | | | | 0 | | | | 6 |
| Stephan Horster | ohne Verein | M40 | | | 6 | | | | | | | | | | 6 |
| Oliver Neuffer | (Store Vi) | M40 | | | | | | | | | | | 5 | | 5 |
| Volker Werner | ohne Verein | M50 | | | | | | | | | 3 | 2 | | | 5 |
| Jan Kading | ohne Verein | M45 | | | | | | | 5 | | | | | | 5 |
| Eskild Nielsen | FC Byern München | M50 | | | | | 3 | 2 | | | 0* | | | | 5 |
| René Kleesel | ohne Verein | M55 | | | 3 | 2 | | | | | | | | | 5 |
| Christian Kadletz | (Aabenraa) | M40 | | | | | | | | | | | 4 | | 4 |
| Jan Tüchsen | TSV Goldebeck | M40 | | | | | | | | | 4 | | | | 4 |
| Helge Ottemann | Team "FliesenFreunde" | M45 | | | 4 | | | | | | | | | | 4 |
| Klaus Leonhardt | AAIG | M45 | | | | | | | | | | | 3 | | 3 |
| Mogens Kramer | Bov IF Løb&Motion | M50 | | | | | | | | | | | 1 | 2 | 3 |
| Jürgen Uwe Maßheimer | 1. Flensburger Lauftreff | M60 | | | | | | | 1 | 2 | | | | | 3 |

